

# BODY MASSAGES

- Classic Body Massage

55 min/85 min

Uses essential oils for deep relaxation.
- Traditional Thai

55 min/85 min

Powerful massage aligning body energies, improving circulation and flexibility, includes yoga positions “without oil”.
- Egyptian

55 min/85 min

Relaxing massage with deep pressure to relieve muscle tension and enhance energy.
- Sport

55 min/85 min

Deep tissue massage targeting sports-related muscles to improve flexibility and prevent injuries.
- Oriental Foot

25 min/55 min

Reflexology-based treatment applying light pressure on feet to relieve pain and stress.
- Back, Shoulder & Scalp

25 min/55 min

Targets stiffness and stress in back and shoulders, relieving tension.

# SPECIAL TREATMENT

- Fort Arabesque Package

90 min

- Steam bath + Jacuzzi
  - Body scrub (chocolate/coffee/coconut)
  - Moisturizing body treatment
  - Facial massage
- Moisturizing Body Treatment

55 min

Deeply hydrates and nourishes dry skin with almond oil and cream.
- Hot oil Treatment

55 min

Detoxifies, boosts circulation, and relieves muscle tension.  
*\*Drink plenty of water after the treatment.*
- Lymph Drainage

55 min

Detoxifying massage to reduce excess water.
- Back, Shoulder & Scalp + Oriental Foot Treatment

55 min

Focuses on back, shoulders, scalp, and foot reflexology.
- Thai Aromatic Treatment

55 min/85 min

Combines Thai and aromatherapy techniques for relaxation and improved circulation.

# HOT MASSAGE

- Thai Hot Compress Massage

85 min

Uses herbal compress for pain relief and stress reduction.
- Hot Stone Massage

Combines massage with heated basalt stones and essential oils.
  - Full Body Massage 90 min
  - Back & Shoulder Massage 60 min

# COUPLE SPA PACKAGES

- Romeo & Juliet

120 min.

- Steam/Relaxing bath 30 min.
  - Choice of body scrub 30 min.
  - Aromatherapy Massage 60 min.
- Taste of Thai Sensation

130 min.

- Choice of Scrub 40 min.
  - Thai Aromatic Massage & Thai Hot compress 90 min.
- Body Pampering

90 min

- Choice of Body Scrub 30 min
  - Choice of Body Massage 60 min

# BODY SCRUBS

- Detoxifying Chocolate Body Scrub

45 min.

Nourishes and softens skin with creamy chocolate, uplifting mood through its aroma.
- Coconut Scrub

45 min

Hydrates and firms skin, ideal for dry skin.
- Aroma Coffee Body Scrub

45 min

Refreshes skin with Thai coffee beans, yogurt, and volcanic pumice, rejuvenating skin and senses.

# AROMATHERAPY

- Lavender Essential Oil:

Antidepressant/effective against insomnia/reduces stress.
- Jasmine Essential Oil:

Aphrodisiac/releases negative tensions like anxiety, pressure and stress.
- Wild Rose Essential Oil:

Antioxidant/balances skin tone.
- Coconut Essential Oil:

Excellent skin moisturizer
- CHOOSE THE OIL THAT SUITS YOU MOST ONLY FOR:

55 min

# SPA

- Jacuzzi

Relaxes muscles, soothes the body, and uplifts the spirit.
- Steam Bath

Relieves stress, improves circulation, aids breathing, and hydrates skin.
- Sauna

Boosts circulation, relieves stress, and supports detox.
- Sauna 20 min
  - Steam Bath + Jacuzzi 30 min
  - Sauna + Jacuzzi 30 min
  - Sauna + Steam bath + Jacuzzi 30 min

# GYM & FITNESS

- Daily

- Gym access
  - Gym access with personal trainer
- 1 Week

- Gym access
  - Gym access with personal trainer
- 10 Days

- Gym access
  - Gym access with personal trainer
- 15 Days

- Gym access
  - Gym access with personal trainer

20% SPECIAL  
OFFER

- Classic Package:

20% discount for 3 massages (Classic, Back, or Foot).
- Energizing Package:

20% discount for 3 massages (Thai, Egyptian, or Sport).

- Conditions:
- Offers are valid for the body massages only.
  - Packages prices apply per room.

SPA Operating Hours:

10:00 AM – 1:00 PM

3:00 PM – 8:00 PM

GYM Operating Hours:

8:00 AM – 8:00 PM

General Conditions:

- GYM prices apply per person.
- Cancellation fees: 20% if cancelled within 24 hours before the treatment.

Prices are inclusive of taxes and service charges.  
Prices are subject to change.